

Troop Care Package
Donation Suggestions

During the week of 9/11 (beginning September 8th), White Chapel will be accepting packages on behalf of our troops overseas. Just bring your contribution to the Temple of Memories and we'll do the rest.

Food/snacks

"Just add water" foods (non-microwavable)
Beef jerky, pre-cooked vacuumed meats (no pork)
Fruit cups
Hard candy, mints, lozenges
Instant coffee, hot chocolate packets
Powdered drinks to mix with water (single serving size)
Protein bars (no chocolate)
Protein powder
Small-sized snacks (no chocolate)

Apparel and bedding

Boxer shorts
Olive drab tee shirts
Pillow cases
Socks or Fox socks (www.foxsox.com)
Twin-size vellux blankets

Health products

Band-Aids
Carmex (squeeze tubes, not Chapstick tubes)
Dental floss
Eye drops
Foot powder, baby powder, Gold Bond powder
Hand and foot warmer packets
Hand sanitizer (small sizes)
Hot/cold squares for sore muscles
Lens cleaner for glasses
Neosporin
Shoe insole cushions
Thera-Med Instant Cold packets
Toothbrushes
Toothpaste (travel size)
Wet wipes (single packets)

Leisure

AA batteries
AT&T Phone Cards for international calling
DVDs
Playing cards
Small hand-held games