

Troop Care Package Donation Suggestions

During the week of 9/11 (beginning September 7th), White Chapel will be accepting packages on behalf of our troops overseas. Just bring your contribution to the Temple of Memories and we'll do the rest.

Food/snacks

Processed comfort/fun food (EasyMac, beef stew, ravioli, etc.)
Tuna, jerky (beef or turkey)
Dried fruit, canned fruit, fruit gushers, trail mix, nuts
Hard candy (Jolly Ranchers, Skittles, suckers, etc.)
Gum (blister packs)
Powdered drinks to mix with water (single serving size)
Protein bars, breakfast bars
Protein powder
Small-sized snacks

Apparel and bedding

Cotton boxer briefs, cotton female underwear
Pillow cases
Cotton crew socks or Fox socks (www.foxsox.com)
Twin-size vellux blankets

Health products

Band-Aids
Chapstick (any type, even squeeze tube)
Eye drops (all types)
Foot powder, baby powder, Gold Bond powder
Hand and foot warmer packets
Hand sanitizer (small sizes)
Hot/cold squares for sore muscles, Instant Cold Paks
Lens cleaner for glasses- individual packs(all infantry use glasses, either safety or Rx)
Neosporin
Vitamin C Drops
Cough Drops
Multivitamins
Feminine hygiene products
Dryer sheets (used as room fresheners and insect repellent!)

Leisure

AT&T Phone Cards for international calling
DVDs
Music CDs
Fun Dollar Store toys/fun stuff
Small hand-held games
Magazines
Notes of encouragement, news for the deployed troops